

South Africa / Suïd Afrika



Pray for Ron & Ginger Naugle

Zulu / Xhosa / Sotho / Tswana / Pedi

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Dear Friends,

Thank you for your faithful prayers. I am pleased to report that my doctor has sent me a letter with test results and everything seems to be fine and within normal limits. My heart is strong and there are no apparent blockages or faulty valves. I have been asked to cut down on my lifelong routine of drinking plenty of strong black coffee however. The report also indicated "severe osteoarthritis and scoliosis of the spine." I will have a consultation with the orthopedic surgeon soon and expect him to recommend the replacement of both knees which are completely worn-out according to the radiologist. I don't think it will be necessary and have increased my exercise to try to build up leg strength and I am adamant about trying to keep the weight off in spite of all the added food temptations stateside.

Since writing the above paragraph I have had three more tests. I have been told that I have asthma which is really no surprise to me. Though suffering for years with respiratory problems I have never had it diagnosed nor have I ever received appropriate treatment until now. The statistical map on Wikipedia shows South Africa to be the highest location in the world for susceptibility to asthma. I also had an Agent Orange screening with Special Registry. After two tours in Viet Nam I definitely had plenty of exposure. Actually, as I understand it; everyone who was there was exposed to some degree. They basically ask you to map out the areas where your regimental company and CAP units operated, along with personal service and health histories. I am free from any of the related adverse health problems. I seem to be good for another 100,000 miles after this needed tune-up. I feel twenty-one but all of the mirrors in the house that we are renting are apparently defective.

Appreciate everyone who endured the first draft of our website. In my zeal to get online I failed to have someone double check the text. Several entries were edited thanks to our son and daughter-in-law who helped make some changes. Hope none of you were permanently scarred and traumatized by the grammar and punctuation mistakes. My people and language skills have obviously slipped a little since arriving in Africa many years ago. The problems with the guestbook seem to be rectified as well. Please try again!
www.NauglesToAfrica.Com

Look forward to our scheduled mission conferences in Virginia and North Carolina. **Special thanks to Dr. Jerry Caravas** for contacting us and offering to clean and examine our teeth before returning to South Africa. We greatly appreciate Dr. Caravas, his family and his wonderful staff. Thanks to all of you as well... your faithfulness enables us to do the Lord's work among the tribal people and your investments will reap eternal dividends.

It was a privilege to recently preach at my sending church on Sunday morning and have lunch with Pastor and Mrs. Smith. The folks at Good News Baptist Church were a tremendous blessing and encouragement. Pray for us!

Ron & Ginger Romans 15:29

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